



Laboratoire des sciences de l'ingénieur, de l'informatique et de l'imagerie

Biomedical optical imaging : focus on clinical applications

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https://www.ihu-strasbourg.eu/rendez-vous-de-scanner-et-dirm/

https://en.wikipedia.org/wiki/Radiology#/media/File:Radiologist_interpreting_MRI.jpg



MRI

Ultrasound

X-ray



CT-scanner

3D imaging of whole organs/ whole body Mainly anatomical information, sometimes functional (+ contrast agents)

Optics in medicine = low-tech?





https://stock.adobe.com/fr

Will light bring about the next revolution in medical imaging?

- I. Some physics
- **II.** Conventional optics and fluorescence
- **III. Optical Coherence Tomography (OCT)**
- **IV. Non-Linear Microscopy (NLOM)**
- V. Polarimetry
- **VI. Summary**
- **VII.Closing remarks**

Properties of light

Direction of propagation:

→ Geometrical optics (lenses, microscope objectives, endoscopes ...)

Wavelength (color): → Spectroscopy



Polarisation

 \rightarrow Polarimetry



https://en.wikipedia.org/wiki/Wavelength#/media/File:Light_dispersion_conceptual_waves.gif

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 \rightarrow Spectroscopy

Polarisation

 \rightarrow Polarimetry





https://en.wikipedia.org/wiki/Wavelength#/media/File:Light_dispersion_conceptual_waves.gif

Interaction of light with tissue



dominates over absorption

Deng, Wei, et al. "Optogenetics, the intersection between physics and neuroscience: light stimulation of neurons in physiological conditions." *American Journal of Physiology-Regulatory, Integrative and Comparative Physiology* 307.11 (2014): R1292-R1302.

Penetration depth



Imaging typically limited to ≈ 1 mm depth Scattering rapidly "blurs" the contrasts

« Optical biopsy »

90% of cancers start from epithelia



« Optical biopsy »

90% of cancers start from epithelia



- I. Some physics
- **II.** Conventional optics and fluorescence
 - I. Principle
 - **II.** Instruments
 - **III.** Clinical applications
 - **IV. Example : a (French) research group or start-up**
- **III. Optical Coherence Tomography (OCT)**
- **IV. Non-Linear Microscopy (NLOM)**
- V. Polarimetry
- **VI. Summary**
- **VII.Closing remarks**

Endoscopy : bring light to the tissue





"Polarimetric Imaging for Cancer Diagnosis and Staging," Optics & Photonics News 23(10), 26-33 (2012)



phD Thesis Jérémy Vizet

https://www.olympus-global.com/csr/social/medical/tec/lineup.html?page=csr

Rigid endoscopes : minimally invasive surgery





Wientjes, Rens, et al. "Automated objective routine examination of optical quality of rigid endoscopes in a clinical setting." *Plos one* 8.3 (2013): e59579.

https://clinicalgate.com/how-endoscopes-work/

Ponsky, T. A., & Ponsky, J. L. (2009). Advances in minimally invasive surgery. *Gastroenterology*, *136*(4), 1171-1173.

Fluorescence





van Dam, G., Themelis, G., Crane, L. *et al.* Intraoperative tumor-specific fluorescence imaging in ovarian cancer by folate receptor- α targeting: first in-human results. *Nat Med* **17**, 1315–1319 (2011).

Mauna Kea Technologies



Cellvizio® Platform Miniprobes for various access methods (0.8 to 2.5 mm) Breakthrough Confocal Laser Endomicroscopic scanning through 30,000 custom optical fibers produces 12 microscopic optical sections per second during standard endoscopy procedures Mauna Kea Technologies

Real-time in-vivo microscopy

From H&E histology... one image - static view

...to Cellvizio® 720 live microscopic images per minute functional view





Brain



Colon



Esophagus

Optical Coherence Tomography (OCT)

Similar principle to ultrasonnography · · · but with light!



Ultrasound: 1-20 MHz – 1540 m/s \rightarrow echo detected with electronic transducers

Visible light: 375-750 THz – 3.10⁸ m/s !

J. Fujimoto and al., Science **254**, 1178 (1991)

Optical Coherence Tomography (OCT)

Similar principle to ultrasonnography ··· but with light!



Principle: interferometric measurement of the amplitude and travel time of light backscattered by the biological medium

J. Fujimoto and al., Science **254**, 1178 (1991)

OCT : unique properties



OCT : working principle



- distribution des structures selon z obtenue par balayage de la différence de marche
- distribution des structures selon x et y obtenue par balayage 2D du faisceau

Success story : OCT for ophtalmology



Wojtkowski, M., Srinivasan, V. J., Ko, T. H., Fujimoto, J. G., Kowalczyk, A., & Duker, J. S. (2004). Ultrahigh-resolution, high-speed, Fourier domain optical coherence tomography and methods for dispersion compensation. *Optics express*, *12*(11), 2404-2422.

Damae Medical

Line-Field Confocal Optical Coherence Tomography





Technology invented by Pr. Arnaud Dubois (CNRS, IOGS, UPSaclay) Fully transfered to DAMAE Medical



Courtesy A. Dubois, IOGS & DAMAE Medical

Healthy skin









- **Cellular resolution** (~ 1 µm, isotropic)
- Live vertical imaging mode (1.2 mm x 0.4 mm, 8 fps)
- Live horizontal imaging mode (1.2 mm x 0.5 mm, 8 fps)
- **3D imaging mode** (1.2 mm x 0.5 mm x 0.5 mm, 30 s)

+ video-dermoscopy (resolution: 5 µm; field of view: 2.5 mm)

Courtesy A. Dubois, IOGS & DAMAE Medical



Basal Cell Carcinoma

Squamous cell carcinoma

Melanoma

Video-dermoscopy

Vertical section

3D

Non-Linear Optical Microscopy



phD Thesis Bernhard von Vacano

« Introduction to non linear optical microscopy», Hervé Rigneault

Non-linear optical effects



Cheng et al., *Biophys. J.* **83**, 502 (2002).



Débarre et al., *Nature Methods* **3**, 47 (2006).



Zipfel et al., *Nature Biotech.* **21**, 1369 (2003).



Chemical & microstructural sensitivity



Inherent 3D capability



Fluo ∝ I

 $\mathsf{TPEF} \propto \mathsf{I}^2$

Fluorescence suite à une absorption à un photon



Fluorescence suite à une absorption à deux photons

NLOM setup







Challenging technique :

- ps- or fs-lasers
- precise optical alignement
- Rapid scanning
- Filters and detectors

LOB – Ecole polytechnique

Biological processes at the sub-cellular level revealed through non-linear microscopy



Mahou et al., Biomed. Opt. Exp. 2, 2837 (2011).

LOB – Ecole polytechnique

Biological processes at the sub-cellular level revealed through non-linear microscopy



Supatto, Willy, et al. "In vivo modulation of morphogenetic movements in Drosophila embryos with femtosecond laser pulses." *Proceedings of the National Academy of Sciences* 102.4 (2005): 1047-1052.



THG imaging of flowing endogenous microparticles in the otolith cavity of a zebrafish. Excitation power: 100-150 mW. Axial resolution: 2µm. Time per pixel: 10 µs. Time between images: 620 ms. Typical signal level (particles): 30-80 photons

Joséphine Morizet, Guillaume Ducourthial, Willy Supatto, Arthur Boutillon, Renaud Legouis, Marie-Claire Schanne-Klein, Chiara Stringari, and Emmanuel Beaurepaire, "High-speed polarization-resolved third-harmonic microscopy," Optica 6, 385-388 (2019)

Photodamage mitigation



f = 10 MHz 0.00 ms

2PEF signal enhancement = $T P_{mean}^2 / T_0 P_0^2$ $T_0 = 1/80 MHz$ and $P_0 = 70 mW$ On this graph: n_p -order Damage threshold ~ T^{2/n_p-1}

Strategy

Decrease f=1/T to ~10 MHz at constant P_{mean}

- ► 8x 2PEF enhancement
- ► $\Delta T^{\circ}C < 1^{\circ}C$
- Still far from nonlinear photodamage Best compromise!

Zebrafish beating heart | mCherry | λ=1030nm @170 fps / 40MHz pixel rate 8x 2PEF signal enhancement FOV 200 x 200 μm

My journey with polarimetry

1. PostDoc project 2013-2017 Team of Angelo Pierangelo

- Early detection of cervical cancer
- Diagnosis of risk of premature delivery
- 2. PostDoc and current position 2018-now Team of Jihad Zallat
 - Optical biopsy for skin cancer
 - Valorisation through the Poladerme start-up





Polarimetry



Caractérisation complète de la réponse polarimétrique : la

N /

Matrice de Mueller

$$S_{out} = M \times S_{in}$$

 $\in M_{4,4}$
 $S = \begin{bmatrix} S_0 \\ S_1 \\ S_2 \\ S_3 \end{bmatrix} = \begin{bmatrix} I \\ I_{\chi} - I_{y} \\ I_{+45^{\circ}} - I_{-45^{\circ}} \\ I_{L} - I_{R} \end{bmatrix}$
mesures d'intensité

Polarimetric properties of tissues



Polarimetric properties of tissues

Dépolarisation



Measurement of the Mueller matrix



Eigenvalues Calibration Method (ECM)

- Uses well-known polarization optical elements (polarizers, waveplates, etc.)
- No a priori modelling of the instrument needed

Advantages of Mueller polarimetric imaging

• Wide field (~ 5x5 cm²)

Fast acquisition speed (0.25~1s)

 $\,\circ\,$ It explores both optical anisotropy (retardance) and scattering

(depolarization) properties at the same time

 \circ Scattering properties from deep depth (~1 cm, 650nm)⁷

Bio-safe (visible light)

7. V. V Tuchin, "Light scattering study of tissues". *Physics-Uspekhi* **40**, 495 (1997).

Preterm birth: birth before 37 amenorrhea weeks

Preterm birth was responsible for ~1 million perinatal deaths in 2015¹

Current diagnostics: measurements of cervical length shortening

- 1~2 echographies per week²
- Low diagnostic performance of the current method: ~50% women hospitalized for threatened preterm birth have actual preterm birth³

The goal: development of a new diagnostic tool to improve the diagnosis of preterm birth

- 1. Liu, L., et al., Lancet **388**(10063), 3027–3035 (2016).
- 2. Lim, K., et al., J. Obstet. Gynaecol. Canada **40**(2), e151–e164 (2018).
- 3. McPheeters, M. L., et al., Am. J. Obstet. Gynecol. **192**(4), 1325–1329, Mosby Inc. (2005).

The cervix: the orifice of the uterus

It mechanically keeps the fetus in the uterus







The cervix: the orifice of the uterus

It mechanically keeps the fetus in the uterus



Changes of the cervix during pregnancy



- 4. Myers, K., et al., Eur. J. Obstet. Gynecol. Reprod. Biol. **144**, S82–S89 (2009).
- 5. Akins, M., et al., J. Biomed. Opt. **15**(2), 026020 (2010).

6. Badir, S., et al., Prenat. Diagn. **33**(8), 737–741 (2013)

The Mueller polarimetric colposcope (MPC)

The PSG and PSA are grafted on a colposcope



The Mueller polarimetric colposocpe (5-PSG, 6-PSA)

Specifications of imaging system

- Resolution: 800 X 600 pixels
- \circ Field of view: 4X3 cm²
- Wavelength: 650nm (FWHM: 40nm)
- FPS: 24 frames/s
- Light source: 300W Xenon

Data collection: 24 individual pregnant women

- A single examination for each patient
- Gestational age: 20-39 weeks
- Age: 16 41
- Primigravida: 12
- Multigravida: 12
- o All timely delivered
- At the Brugmann university hospital in Brussels



Rehbinder, J., Vizet, J., Park, J. *et al.* Depolarization imaging for fast and non-invasive monitoring of cervical microstructure remodeling in vivo during pregnancy. *Sci Rep* **12**, 12321 (2022).

Standardization of the term birth

Retardance does not correlate with gestational age



Work lead by A. Pierangelo

Rehbinder, J., Vizet, J., Park, J. *et al.* Depolarization imaging for fast and non-invasive monitoring of cervical microstructure remodeling in vivo during pregnancy. *Sci Rep* **12**, 12321 (2022).

Standardization of the term birth

The cervix is losing depolarizing ability over the pregnancy



Rehbinder, J., Vizet, J., Park, J. *et al.* Depolarization imaging for fast and non-invasive monitoring of cervical microstructure remodeling in vivo during pregnancy. *Sci Rep* **12**, 12321 (2022).

Standardization of the term birth

We have observed no trend in cervical length measurements



 Patients below the threshold for risk of preterm birth did delivered at term

Rehbinder, J., Vizet, J., Park, J. *et al.* Depolarization imaging for fast and non-invasive monitoring of cervical microstructure remodeling in vivo during pregnancy. *Sci Rep* **12**, 12321 (2022).

Work lead by A. Pierangelo

Conclusion preterm birth

Work lead by A. Pierangelo

- The **depolarization** of the cervical tissue is decreasing during pregnancy.
- \circ It reflects the cervical maturation during pregnancy.
- The depolarization parameter at 650 nm is promising to define a standardization curve on a cohort of patient to follow the steady progression of pregnancy.
- A clinical study of 2 groups (normal vs preterm) is being carried out to figure out the longitudinal changes on 650 patients.



Polarimetry at ICube (Strasbourg)

- Polarization imaging at LSIIT in 1997
- Construction of several instruments
 - Medical applications: data processing, collaboration with LPICM, ANR
- Patent for ultra-stable modulators
- 2 POLARIS project (SATT)
 - SATT : Transfer (IHU, Aesculap, Sakura, Storz, ...)
 - SATT maturation support (Dermapol project)
 - Clinical trial
- **3** ARCHOS and creation of POLADERME in October 2021
 - Filing of a new patent for the POLADERME solution
 - POLADERM is owned by MDV and listed on the stock exchange on 10/02/2022

Polarimetry at ICube (Strasbourg)



Polarimetry at ICube (Strasbourg)

POLARIS

Dermapol

Dermatoscope connecté

Preuve de concept

- ~1 m x 1 m
- ~50-100 k€
- Statique
- Image de Mueller complète
- Caméra scientifique
- Mesures ex-vivo

Etude sur le petit animal et étude clinique

- ~50 cm x 10 cm
- ~20-25 k€
- Transportable
- Image de Mueller complète
- Caméra scientifique
- Mesures ex-vivo et in-vivo

- Industrialisation
- ~10 cm x 5 cm
- <100€
- Connecté
- Etats de polarisation discrets
 + stéréo-photométrie
 + stéreo-vision
- 5 caméras smartphone
- Machine learning, IA

Dermapol



• Non-invasive

- Sensitive to the organisation of the tissue
- Label-free
- Quick measurement



evolution of grafted tumors in mice with and without treatment

Clinical trial at Hôpital Civil of Strasbourg

Acquisition on all types of skin lesions, before biospy

Polarimetric signatures for skin lesions

Intensité



Orientation de l'axe rapide du retardeur (deg) – 680 nm



Dépolarisation – 680 nm



POLADERME

Visuel standard

Polarimetric signatures for skin lesions



Courtesy J. Zallat

Polarimetric signatures for skin lesions



Courtesy J. Zallat

Polarimetry and machine-learning



Database of polarimetric images



Ground truth labelling

Problem : Scarcity of (clinical) data

...

- Complexity of the prototype
- Manpower for data collection
- Ground truth expensive (histology)



La solution Poladerme

Multi-longueurs d'ondes

Multi-éclairage

Système optique **Machine Learning Classification des tissus** ______. Polarimètre sans étalonnage Standardisation des photos Plus de 20 marqueurs analysés Multi-vues Plateforme collaborative Proposition de soins adaptés

Corrélation multi factorielle

Courtesy J. Zallat

Lésion

ou

tache

 $2 - 5 \text{ cm}^2$

Conclusion Poladerme

	Dermatoscope	POLADERME
Grossissement		
Éclairage		
Analyse de la qualité du collagène	X	
Vascularisation	X	
État de surface de la peau	X	
Orientation des fibres	X	
Information biomécanique	X	

Outlook Poladerme



« Take-home » messages

Optical Imaging can provide:

- Label-free contrasts, sensitive to the micro-organization and chemical composition of tissues !
- Histological insights *in-vivo* !
- Video-rate imaging !
- A broad range of complementary techniques (not all described in this talk)

Limitations and challenges:

- "Medical is hard" technical hurdles + tricky to find the right business model + slow adoption of new techniques
- What can be published ≠ what can be marketed

A bright future for optical medical imaging

Optical Biopsy:

- Optical imaging for prevention/screening, conventional medical imaging for treatment
- "Virtual staining" for histopathology
- Low-resource settings

ML&AI:

 Increased information content through optical techniques → diagnostic aid extracted using machine-learning algorithms

Point-of-Care testing:

- Shortage of doctors, medical deserts
- Availability of smartphones (light source + camera + computing power)

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